



Capsule Endoscopy Preparation

Name: _____ DOB: _____



THE NIGHT BEFORE YOUR CAPSULE ENDOSCOPY:

- No solid food allowed after 5pm.
- You may have clear liquids until midnight the night before your test.
- Nothing by mouth starting at midnight the night before your procedure including gum and hard candy.

CLEAR LIQUIDS – EXAMPLES:

Please NOTHING red, purple, or with pulp

Drinks – Gatorade, Powerade, Sports drinks are encouraged for their electrolytes
Black coffee or tea, plain with **NO cream or milk**. Any flavor soda or soft drink

Any flavor clear juice such as white grape juice or apple juice

Desserts – Gelatin, Jell-O, Slurpee, and popsicles.

NO red or purple, NO sherbets, NO smoothies

Soups **YOU CANNOT HAVE BROTH OF ANY KIND**

Sweets – Hard candy such as mints, lifesavers, and gum

FUTHER INSTRUCTIONS:

- At 6:00pm the night before your procedure, drink one (1) bottle of magnesium citrate.



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Date and Time of Your Procedure

Arrival Time to Procedure Location

Location of Procedure:

- Sentara Obici Outpatient Surgery Center**
2800 Godwin Blvd, Suffolk, VA 23434
Second floor of main hospital building

Procedure Cancellation and No-Show Policy

Our office must be notified of all procedure cancellations prior to 48 hours of the procedure. Appointments cancelled within 48 business hours of the procedure time or a missed appointment is subject to a **\$100 no show fee**. To cancel a procedure, please call our office at 757-942-2566.

By signing below, I acknowledge that I have read and understood the information provided on this form. I understand that I am responsible for adhering to the preparation and all policies listed above, which were reviewed with me by _____ on _____.

PATIENT NAME: _____ DOB: _____

PATIENT SIGNATURE: _____ DATE: _____